

San Joaquin County Behavioral Health Board
Minutes

Members Present

Nancy Chastain, Chair
Joseph Dittmann, Vice-Chair
Cary Martin
Karen Ivy
Mike Corsaro
Tasso Kandris
Tosh Saruwatari
Vaunita Duval
Lori Hansen
Frances Hernandez
Daphne Shaw

Members Excused/Absent

Supervisor Miguel Villapudua
Ingrid Oliver
Mudalodu Vasudevan

Also Present

Greg Diederich, HCS Director
Tony Vartan, BHS Director
Frances Hutchins, Assistant Director
Cindy Morishige, Deputy Director
Sue Gruber, Chief Mental Health Clinician
Michelle Garibaldi, Mental Health Clinician III
Isabel Espinosa, Board Secretary

Guests**I. Call to Order**

The Behavioral Health Board (BHB) meeting was convened on Wednesday, December 20, 2017 at the Behavioral Health Services located at 1212 N. California Street, Stockton, CA. Chairperson Nancy Chastain called the meeting to order at 6:04 p.m., led the pledge of allegiance.

II. Roll Call

Roll call was taken by the Board Secretary. A quorum was in attendance at this meeting.

III. Introductions

Chairperson Nancy Chastain led self-introductions among board members and the public audience present at this meeting.

IV. Approval of the Minutes

A motion was requested by Chairperson Nancy Chastain to approve the November 15th meeting minutes. The motion passed, with unanimous approval.

V. Public Comment

No public comment

VI. New Business

a. A presentation on the 2017 Data Notebook focusing on services provided to older adults was made by Michelle Garibaldi, Mental Health Clinician III, Older Adult Services (OAS):

- Cindy Morishige, Deputy Director, Adult/Older Adult Services introduced Michelle Garibaldi and thanked board members Nancy Chastain and Lori Hansen for their participation with the 2017 Data Notebook report.
- The Data Notebook analyzed five areas:
 - Healthy Aging and the Older Adult System of Care
 - Demographic Trends: Challenges for Service Access
 - Barriers to services for Older Adults
 - Behavioral Health: Older Adults Continuum of Care
 - Older Adults Helping others
- With each generation living longer, the need for mental health services for older adults is anticipated to double in the next 50 years.
- 50-60% of older adult consumers require case management services.
 - The Older Adult Full Service Partnership, Gaining Older Adult Life Skills (GOALS), involves the use of community-based organizations working collaboratively onsite. The organizations are: the Vietnamese Voluntary Foundation, Inc. (VIVO), Asian Pacific Self-Development and Residential Association (ASPARA), El Concilio, and Mary Magdalene Community Services.
- A large barrier to services for the older adult population is transportation. Many are unable to travel safely independently.
- Another growing concern is the prevalence of substance use disorders. With the reduced stigma of drug use, more consumers are admitting to substance use, especially those with chronic pain.
- Senior Peer Counselor volunteers conduct home visits. Currently this model is in the process of being reviewed. Some options are to create a warm line, to have peers travel in pairs, and video conferencing.
- There's a need for special Crisis Residential housing for older adults. Many require medical care not offered by board and care homes, but not at the level of skilled nursing facility care.

b. 2017 Year in Review by Frances Hutchins, Assistant Behavioral Health Director:

- In April former Behavioral Health Director Jim Garrett passed away. Jim was a long time employee and is remembered for his integrity, compassion and wit.
- New BHS Director Tony Vartan was welcomed in October 2017.
- In the interim, several employees assisted in the transition including Cindy Morishige, Interim Assistant Director, and Betsey Rose, Interim Deputy Director.
- BHS had many successes in 2017 including:
 - Expanded Crisis Stabilization services, including designated space for children and expanded capacity for adults

- Over 19K contacts this year by our Crisis staff, 16k warm line calls, and 4,900 transports. 341 admissions in Psychiatric Housing Facility (PHF)
 - For the second year in a row, a BHS staff won the County's Diversity award sponsored by the Equal Employment Opportunity Office. This year's winner was Brittany Taylor in 24 Hour Services.
 - BHS submitted a plan for a Drug Medi-Cal Organized Delivery System (DMS-ODS) to expand the substance use disorder service system in the county.
 - Whole Person Care Behavioral Health Navigation Team received funding to engage homeless individuals and those at risk of homelessness who are also high utilizers of emergency rooms, have chronic health conditions, and/or co-occurring mental health and substance abuse disorders.
 - BHS developed two MHS Innovation Projects, an Assessment and Respite Center and Progressive Housing. Both are anticipated to begin in 2018.
 - BHS was recognized by other county departments for their hard work relocating consumers after the Mayfair Apartment fires. Adult/Older Adult Services oversaw the successful relocation of 42 consumers.
 - The Tracy Adult Mental Health Clinic relocated and expanded.
 - New assessment tool was implemented throughout BHS. The Child and Adult Strengths and Needs Assessment (CANSA) assists with the provision of coordinated care from childhood to adulthood. Other counties have requested information as they would like to use this tool as well.
 - A BHS-funded program operated by Parents by Choice was named the 2017 Prevention Program of the Year by the County's Children's Services Coordinating Commission.
- Board member Nancy Chastain stated that Frances did a wonderful job as well as Interim Behavioral Health Director.

VII. Old Business

- a. Location changes update for March BHB meeting by Mike Corsaro.
 - Tracy library only has meeting space available on Tuesdays and Thursdays.
 - Board member Daphne Shaw made a motion to leave the date planning to the executive committee. The motion was seconded by Cary Martin, with all in favor.
 - Executive committee to advise Mike Corsaro of outcome so that he can proceed with making arrangements.

VIII. Director's Report

- a. Thank you to Frances Hutchins and Cindy Morishige and staff for their presentations.
- b. Currently conducting normal business and assessing needs of the department
- c. Ensuring that the clients are at the correct level of care
- d. Meeting with Consumers, Consumer Advisory Council (CAC), and Wellness Center, to get feedback on the needs of the department, areas to improve, and opportunities for collaboration.

- e. Developing a dashboard to measure baselines, benchmarks, and interventions, to determine how to best serve our consumers. And to see how we compare to national and statewide averages.
- f. Cultural competency training is now required annually for all employees and will be completed by January 12, 2018.
- g. In the process of revamping new employee orientation. BHS new employee orientation will be an all-day training for new employees. BHS training will be similar to the County's new employee orientation. All BHS mandatory trainings are to be given in one day to provide guidelines, rules, and expectations to new employees prior to consumer contact.
- h. Grievance process has become more centralized. One staff is designated to process grievances.
- i. Adding area for department to receive compliments as well as complaints.
- j. Equal Quality Review Organization (EQRO) was conducted in October. Draft response was received.
- k. 12/06/17 Substance Abuse Services (SAS) Block grant desk audit review was submitted.
- l. Triennial Review February 5-8. Board members may be asked to participate.
- m. Drug Medi-Cal Organized Delivery System (DMC-ODS) approved by the State. Waiting on approval for rates, then will be sent to Board of Supervisors.
- n. ECHO software update to may include Utilization component and expected by June 2018.
- o. MHSA planning phase to asses gaps and add services. 12-14 ideas for prevention, intervention, and services.
- p. Stepping Up initiative to begin sequential intercept mapping
- q. Looking to meet and exceed legislative requirements for foster kids in presumptive transfers.
- r. Request for Proposal (RFP) decision on new Psychiatric Housing Facility (PHF) still in process.

IX. Committee Reports

- a. Executive Committee – set agenda for tonight's meeting.
- b. Legislative Report –no report, legislature in recess. All board members encouraged to read the Planning Council's report that was included in this month's agenda packet.
- c. Children's Committee – Board member Mike Corsaro advised Jacqui Coulter, Deputy Director, and CYS of his availability and should have a meeting scheduled soon.
- d. Grievance Committee –Meeting was held last week. The unresolved grievances from last quarter have no results. Tasso thinks that more of an effort should be made to contact those who file grievances. In addition to phone calls, he thinks letters should also be mailed.
- e. Housing Committee – Handout provided by board member Frances Hernandez. She and Karen Ivy visited Bright House, a 15 bed facility in French Camp. They reported that house was in good shape, cabinets locked, and rights posted. They found the house to be overall clean and neat, with the two exceptions. Some beds lacked of sheets, and the bathroom was found to be in need of a deep cleaning. Residents earn money by completing chores. New Housing expected to open soon to replace Grant House.
- f. Substance Abuse Disorder Committee –no report.

X. Other

- a. Board member Karen Ivy invited the board to attend Community Advisory Council (CAC) meetings on the 1st and 3rd Thursday from 10:30-12 pm in Conference Room C.
- b. Greg Diederich invited consumer representatives to contact him if interested in being part of the Stepping Up initiative meeting on January 30 & 31 at the Agricultural Center in Stockton to collaborate on a local map of diversion for Sequential intercept mapping.
- c. Frances Hutchins invited board members to attend the Mental Health Services Oversight and Accountability Commission (MHSOAC) on January 25, 2018. The BHS Innovation projects will be presented with an opportunity for public comment.
- d. Board member Tosh Saruwatari announced that he will be resigning after seven years on the board.
- e. Board member Cary Martin suggested a retreat to familiarize board members with duties of the board.

Meeting Adjourn: 8:10 p.m.